

# Zhuhai Wasteland Paradise Bouldering Guide

## 珠海荒土乐园野抱岩场攀石指南

Version: 2024.5.16 [征求意见稿]

### General

岩场最初是 2023 年绍鹏到珠海出差时，在珠海国际会展中心的喜来登酒店附近发现海边的一座山脚区域有一片区域，内有多块巨石可以开辟野抱线路。绍鹏和 Eddy 初步开发了几块石头上很好的线路。2024 年 5 月珠海的几位本地岩友 Eddy, Kai, 猗猗, 元军, 老秦, 90, 小明以及广州野抱开发团队的 OC 鍾一起到这片区域进一步开发、攀爬、测绘并整理岩场线路，由 OC 鍾制作路书。岩场位于一座名叫大马骝洲的小山的东南山脚处，巨石所处之地之前应为海边小岛沙滩上，受海水侵蚀风化产生了可以攀爬的裂缝和岩面可作手点脚点的小洞，近几十年来围海造田工程使得该处目前在陆地上，且有较好的公路直达岩场，距离市中心打车不到半小时可直达岩石下，附近几百米还有城轨站，接近性非常好。岩场目前是一片荒土，地面铺了一些废弃的建筑材料但总体安全，附近有农民临时开垦了一些平地进行种植。准入性目前没有问题也没有任何费用。得益于珠海宜居的气候，攀登季节是一年四季不下雨的天气都合适。随着城市的发展建设很难说未来这里会不会被高楼大厦所取代，但目前这片荒土就是珠海岩友们野抱的秘密乐园。



### Credits 鸣谢：

岩场开发团队：绍鹏, Eddy, Kai, 猗猗, 元军, 老秦, 90, 小明, OC 鍾等（路书作者: OC 鍾）

# Ground rules

**Disclaimer:** Rock climbing and mountaineering in general is a dangerous pastime that can lead to serious injury or worse. You should not undertake these without proper training or equipment. By using this guidebook, you acknowledge that the information therein may be out of date or inaccurate and you agree that anyone mentioned in this guidebook cannot be held liable for any damage that may be caused by use of this guidebook. This guidebook is free of charge. Please stop the use of this guidebook if you disagree with this disclaimer.

**【免责条款】** 攀岩抱石及登山本身是一项危险的极限运动，随着时间推移这可导致严重受伤甚至死亡。您不应该在没有接受恰当的培训并配备恰当的器材的情况下进行此类活动。在使用本指南前，您必须知悉本指南中的内容可能并不是最更新的或准确的，您必须同意本指南中提及的任何人均不对可能产生的任何损害负有任何义务或任何赔偿责任。使用本指南不收取任何费用。**如果您不同意本免责条款请立即停止使用本指南。**

**V grading:** We use V grading system to assess the difficulty of boulder problems, same as most bouldering gym here in Mainland China. We do not separate the difficulty below V0, ie no VB grade presented. The lowest grade in this guidebook is V0.

与中国内地绝大多数攀岩馆一样我们使用 V 数字标注抱石难度，V0 以下的线路难度不再细分 VB 而统一标注 V0，本路书中的线路最低难度为 V0。

**sds:** Sit down start. When you start, both hands and feet should be on the holds on wall and your butt must be the last thing to leave the floor/pad, if you fail to do so, you did not complete the route with “sds”.

坐式起步，简称“sds”或“坐起”，规则是起步必须双手双脚已经上墙而攀爬者的臀部为身体最后一处离开地面或垫子的部位，**如果一条线路标注“坐起”/“sds”而您未能做到上述要求，则不算完成起步。**

**Start holds:** Start handholds and end of the route are mark with the route number on a ○ (ie. two “○” means the two start handholds for route). If there’s only one start handhold sign, you should start with matched hands. We do not specify start footholds but should not use the floor/pad as start footholds.

我们以标注圆圈及数字来标注起步手点及线路结束方向，如果只有一个起步手点标志则您应该并手起步。没有规定起步脚点，但您不应该使用地面/垫子作为起步脚点。

**Respect:** There’s some local peasant farming beside the bouldering area, try not to disturb them. Leave No Trace. 抱石区附近有本地农民耕作，请避免打扰他们。请遵循 LNT 原则。

**Crash Pads:** Please come with your spotter. Usually you need two or more bouldering pads for bouldering here. You will need to be very careful if you use only one pad to avoid any injury. You may also borrow/rent bounding pad from local climbers or climbing gyms. 请与你的保护员一起来。在本岩场你通常需要两张或以上的抱石垫。如果你只用一张抱石垫你需要非常小心避免崴脚。你可能可以从珠海岩友或者珠海方程式攀岩馆或者香蕉攀岩馆那里租/借到抱石垫。

**The latest of this PDF guidebook can be download at: 本路书最新版网页发布地址**

[https://chungtszching.github.io/Guangzhouboulder/Zhuhai\\_Bouldering\\_Guide.pdf](https://chungtszching.github.io/Guangzhouboulder/Zhuhai_Bouldering_Guide.pdf)



# Approach

Location:

Please tell the taxi driver to go to the cross of Tonghang Yi Road and Qinglv Lu Sub Road. Zhuhai, China. (打车定位: 通航一路与情侣路辅线交叉口)。You can also walk for less than 1km from Shizhimen Train Station. 也可以十字门城轨站出口步行不到 1 公里到达。Free car parking on road site. 路边停车暂时免费。

Enter the bouldering site through an abandoned house on the west conner of the cross.

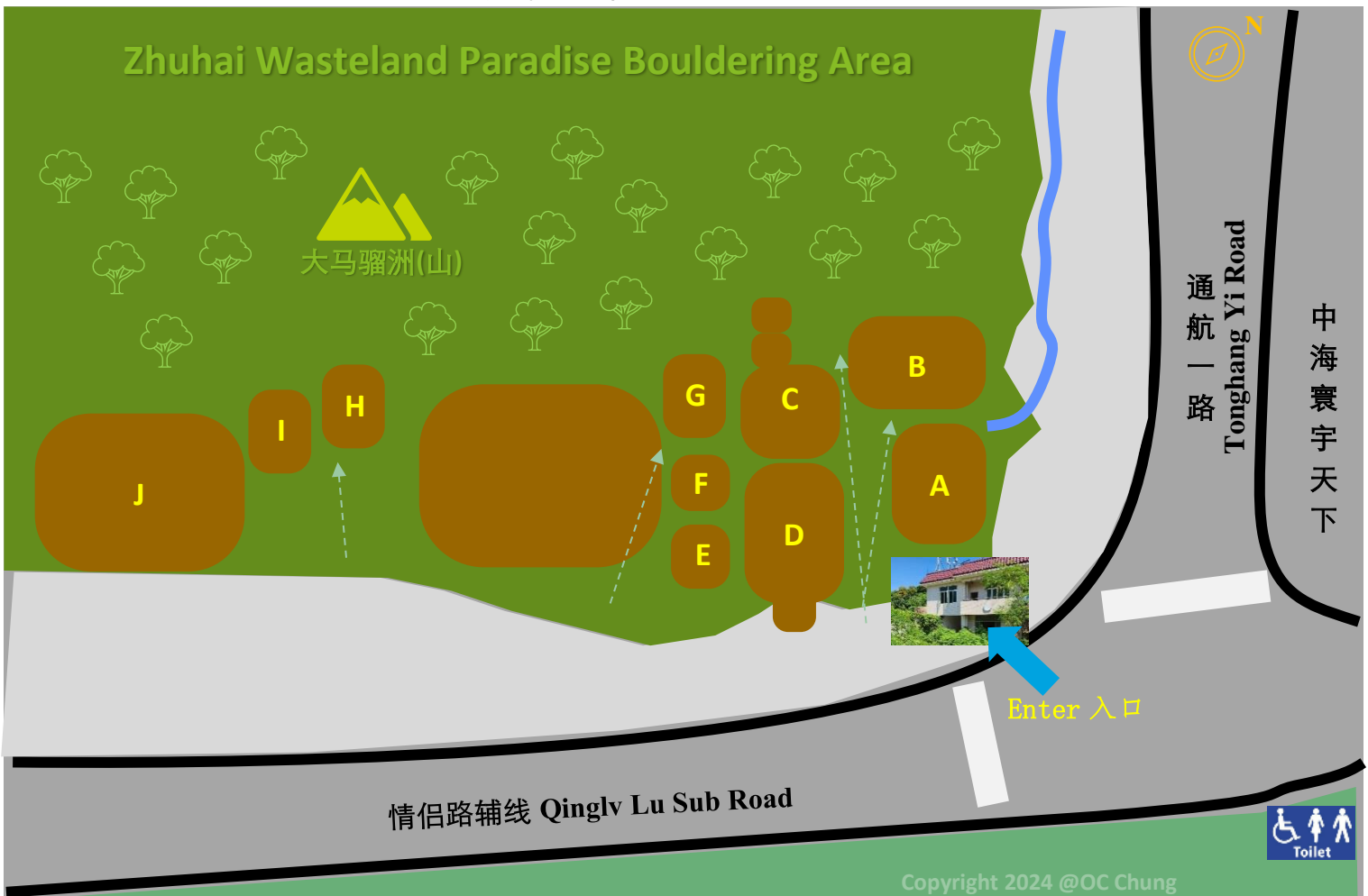
到达十字路口穿过西角的一处废弃房屋进入。

GPS 定位: 22.16985012"N, 113.52142141"E



## The Blocs

The blocs are located within one area. 石头都在一个区域内。



# Routes

Bloc	石头	Route 线路	Grade	Rating
<b>A</b>	启	A-1 当北京遇上珠海(sds)	V2	★★★
		A-2 [待确认, 目前保护情况不好]	V6?	?
<b>B</b>	盖	B-2 What A Surprise	V2	★★★
<b>C</b>	躺	C-1 谈何容易/谈何容易(sds)	V0/V1	★★
		C-2 Child's Play / 小菜一碟	V0	★★
		C-3 Biting Christmas(sds)	V0	★★
		C-4 货拉拉(sds)	V2	★
		C-5 [待首攀, 裂缝线路, 不好保护]	?	?
		C-6 ? (sds)	V6?	?
<b>D</b>	怠	D-1 [待首攀, 裂缝线路]	V0?	★★
		D-2 [待首攀] (sds)	V5?	★★★
		D-3 风化元素	V4	★★★
		D-4 [待首攀, 风化元素延长线(sds)]	V5?	★★★
		D-5 [待首攀, 裂缝侧拉]	V1?	
<b>E</b>	平	E-1 深点涨手(sds)	V1	★★
<b>F</b>	牛	F-1 [待首攀, 岩缝对抗]	V0?	★
<b>G</b>	年	G-1 [待首攀, 岩缝对抗]	V0?	★
<b>H</b>	顺	H-1 程序脑袋	V1	★★
<b>I</b>	危	I-1 自身难保 / No Protection ⚠	V2	X
<b>J</b>	巨	J-1 [待首攀, open project]	V10+?	★★★

## Bloc A 启

The first huge rock in front of you when you come into the abandoned house. 从废弃小屋进入后的第一块大石头。



A-1) 当北京遇上珠海(sds), V2

Sit down start from a lower crack of the bloc and go up along the crack, you can use the right arete and the crack in the middle, straight up and top out. 从石头下方裂缝处坐起，沿着裂缝往上攀爬，可以使用右脊和中间的裂缝，直上翻顶。

A-2) [待确认, 目前保护情况不好], V6?

[右边岩面一条线路, 待确认]



## Bloc B 盖

A huge rock right next to Bloc A. 就在 A 石头旁边的一块大石头。



### B-1) What A Surprise, V2

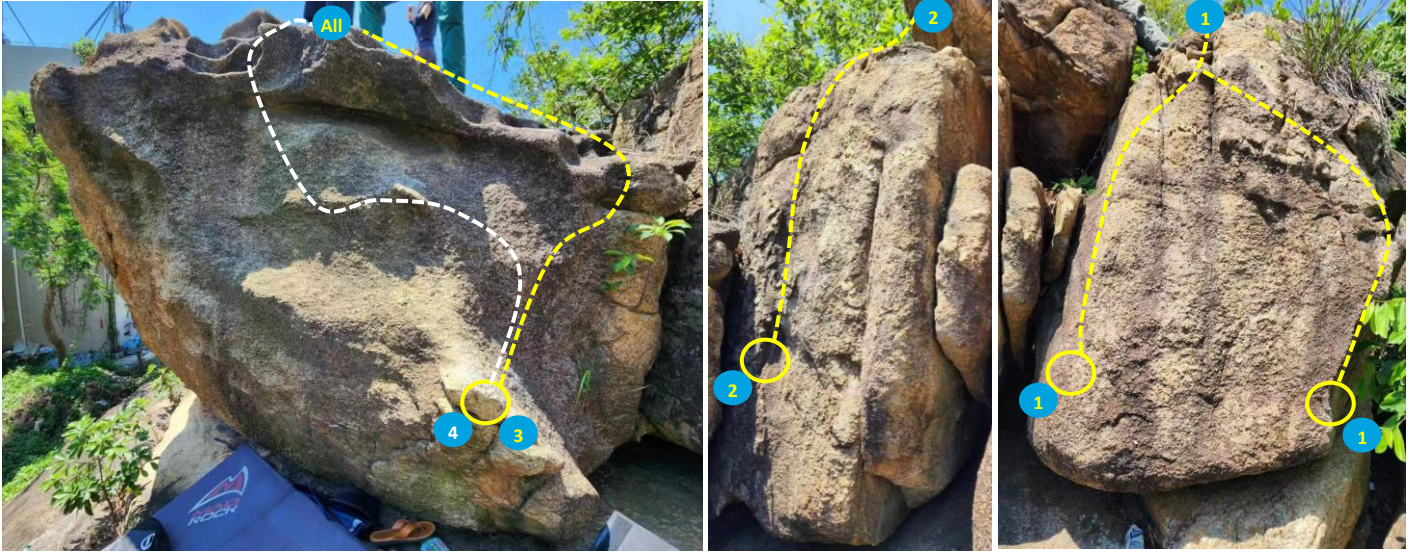
Start from a hand hold on the face, go up to the crack in the middle, use the left arete, then back to the middle of the rock face and top out. 从石头下方手点处起步，直上到中间的裂缝，使用左脊，然后回到中间岩面直上翻顶。

Notice: You will have to down climb the route after finish, no other safe way for descend. It requires higher technical skill for a safe descend. The rock is high, and it is suggested that you can try to top out only when you can consistently complete at lease V3 in climbing gyms. 本线路完成后必须倒攀下降，没有其他下降方式。安全倒攀需要更高的技巧，石头较高，建议攀爬者要有在攀岩馆能稳定完成 V3 线路以上的能力才尝试翻顶。



## Bloc C 躺

A group of rocks back to Bloc D and next to Bloc B. 在 Bloc D 后面 Bloc B 旁边的一组石头。



### C-1) 谈何容易/谈何容易(sds), V0/V1

Start from hugging the bloc and go up along the left and right aretes, up to a jug and top out. If you manage to do a sit-down-start, it will be a little harder. 抱着石头起步，沿着左脊和右脊往上攀爬，上到上方一个大把手点翻顶。如果你以坐起完成则线路会稍难一点。

### C-2) Child's Play / 小菜一碟, V0

Start from a middle hand hold and go up from the rock face, top out and finish. 从中间手点起步后直上翻顶。[本线路坐起会是 V6 难度的另一条线路，待确认]

### C-3) Biting Christmas(sds), V0

Sit down start from a lower big hand hold, heel hook and lock up then you can reach a hand hold on the right, top out and finish. 从石头下方大点坐起，挂脚锁定，便可以够到右边的一个手点，翻顶结束。

### C-4) 货拉拉(sds), V2

Sit down start from a lower big hand hold, heel hook and lock up then you go up to the left, top out through the left holds. 从石头下方大点坐起，挂脚锁定，向左边的走，使用左边的点翻顶。

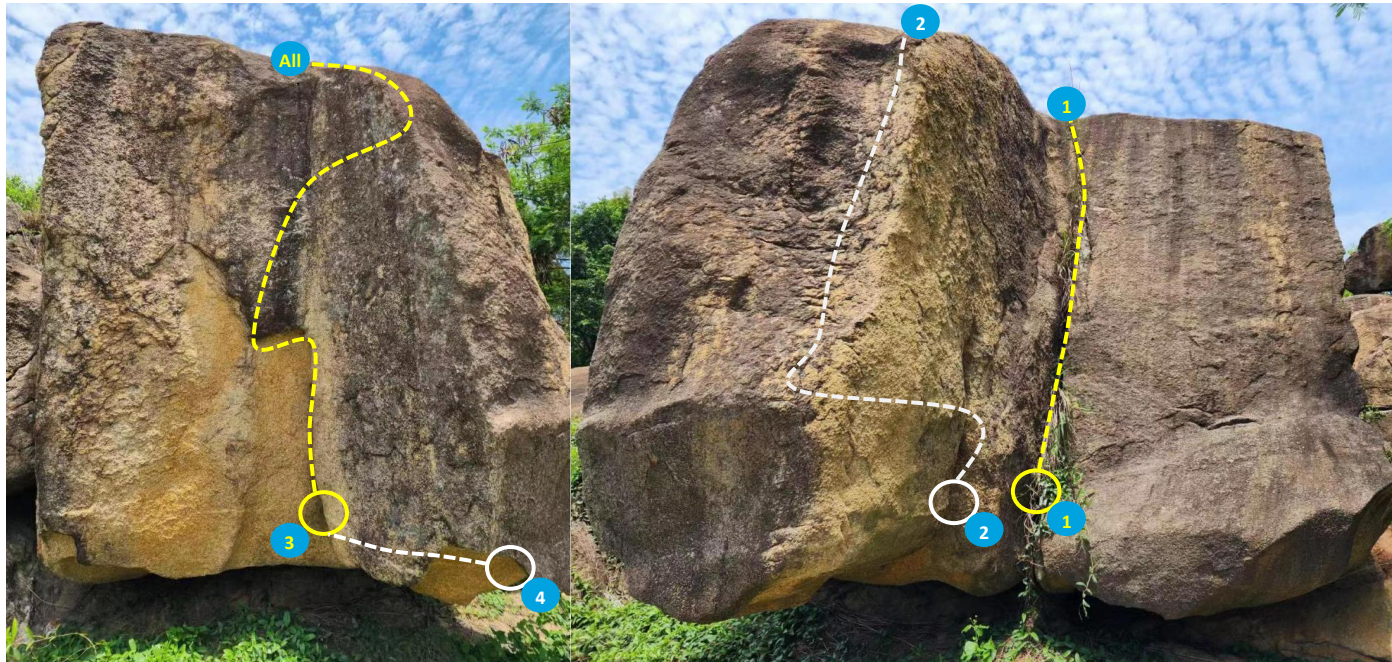


### C-5) [待首攀, 裂缝线路, 不好保护], V?



## Bloc D 总

A huge rock back in the front, next to Bloc C. 在 Bloc C 前面的一块大石头。



D-1) [待首攀, 裂缝线路], V0?

Start from a lower hold of the bloc and go straight up along the crack, top out and finish. 从石头下部手点起步，沿着裂缝直上，翻顶结束。

D-2) [待首攀] (sds), V5?

Start from a hold on the crack, move to the left arete, go straight up and top out. 从裂缝手点起步，移到左脊后直上翻顶。

D-3) 风化元素, V4

Start from a hold on the crack, go up along the crack, use an undercut hold and continue up, use the foot holds on right side and the hand holds on the right arete, top out from the middle and finish. 从裂缝手点起步直上，使用反提点继续往上，使用右边的脚点及右脊上的手点，从中间直上翻顶结束。

D-4) [风化元素延长线](sds), V5?

Sit down start from an under-cut in the middle part of the rock, move left to the crack and finish along with Route C-3. 从巨石中间部分的反提点左式起步，横移至左边的裂缝后，继续按 C-3 线路完成。



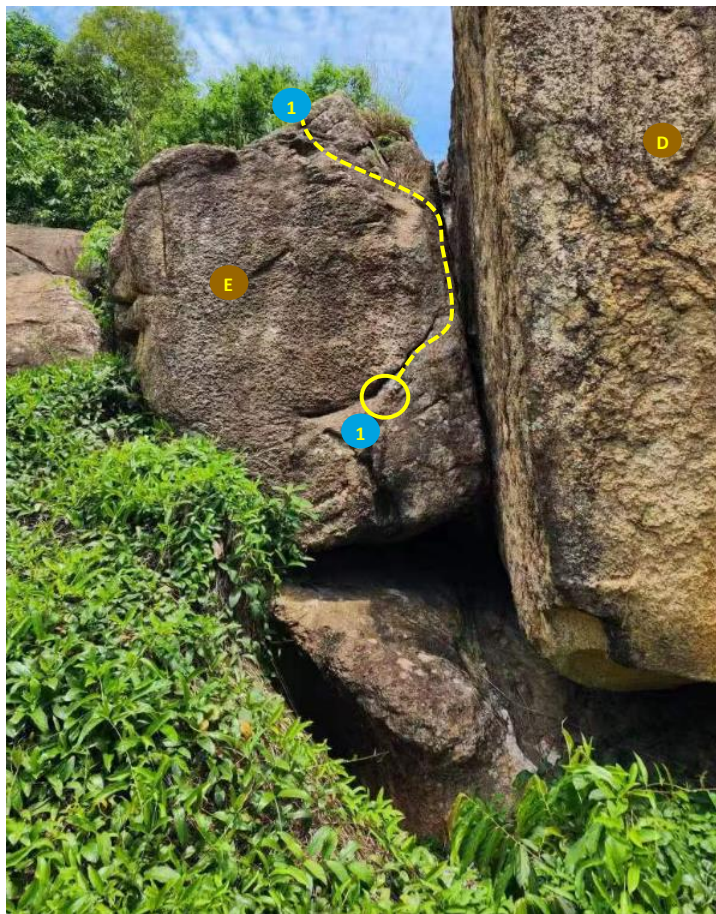
D-5) [待首攀, 裂缝侧拉], V1?

Start from the middle of the crack between Bloc D and Bloc C, go straight up along the crack with side pull and top out. 从巨石 D 和巨石 C 中间的裂缝起步，沿着裂缝直上翻顶。



## Bloc E 平

A small rock on the left side of Bloc D. 在 Bloc D 左手边的一块小石头。



### E-1) 深点涨手(sds), V1

Sit down start from a hold on the face, go up along the right arete, reach a jug in the middle of the upper face of the rock and top out. You may use the side face of Bloc D if not enough arm span to directly hold the upper jug. 从岩面中间手点坐起，沿着右脊直上，到达上部的一个大手点，翻顶结束。如果臂展不足够直接够到上方的大手点你可以使用 Bloc D 的侧面。

## Bloc F 牛

A small rock behind Bloc E. 在 Bloc E 后边的一块小石头。



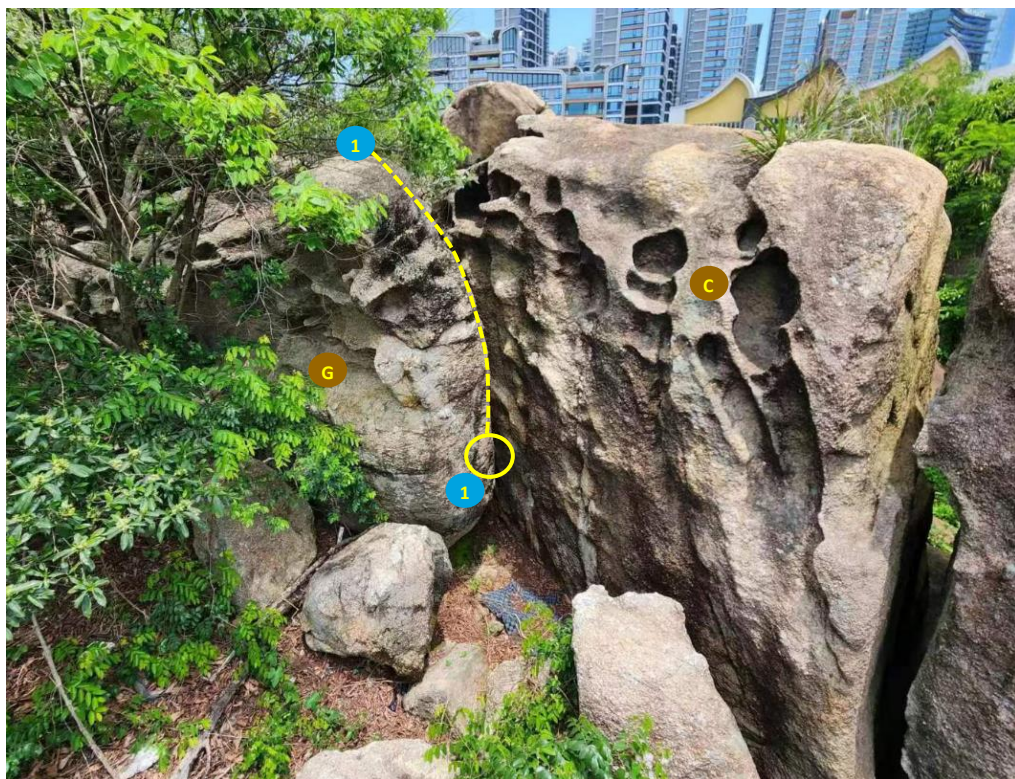
F-1) [待首攀, 岩缝对抗], V0?

从巨石 F 和巨石 E 中间的岩缝起步，沿着裂缝直上翻顶。



## Bloc G 年

A small rock behind Bloc F and Bloc C. 在 Bloc F 和 Bloc C 后边的一块小石头。



G-1) [待首攀, 岩缝对抗], V0?

从巨石 G 和巨石 C 中间的岩缝起步, 沿着裂缝直上翻顶。

## Bloc H 顺

The first small rock on the left part of the area. 在抱石区左边部分的第一块小石头。



### H-1) 程序脑袋, V1

Start from the left part of the bloc, go up and move to the right part of the bloc, then go up top out. You will have to down climb the route after finish. 从岩石左边部分起步，直上后横移到右边部分，继续直上翻顶结束。本线路完成后必须倒攀下降。



## Bloc I 危

A small rock on the left side next to Bloc H. 在 Bloc H 左手边的一块小石头。



I-1) 自身难保 / No Protection, V2

Start from the left arete of the bloc, go up along the left arete, then travers to the middle, go straight up and top out. 从岩石左脊起步，沿左脊直上后横移到中间，继续直上翻顶结束。



**Important notice:** You will have to down climb the route after finish. There is no good place to put the crash pad, and it may be dangerous to down climb the bloc. We do not suggest any climber to try this route anymore. 本线路完成后必须倒攀下降，由于保护垫没有合适的放置地点，且倒攀难度大并有危险，我们不建议任何人再尝试攀登此线路。

## Bloc J 巨

The biggest rock on the left part of the area. 在抱石区最左边部分的最大的石头。



J-1) [待首攀, open project], V10+?

Start from two crimps on the face of the bloc, go up using some other very thin crimps and to the roof. After climb over the roof, go straight up and top out .从岩面两个指力点起步，直上使用另外几个很薄的指力点到屋檐，翻过屋檐继续直上，翻顶结束。



